



# THE TIMES OF INDIA

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**2 CAN INDIA CLINCH TWO WORLD CUP TITLES?**  
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**3 'SELF-CARE' MOST SEARCHED NET QUERY:**  
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STUDENT EDITION  
 FRIDAY, MAY 15, 2020



WEB EDITION

## TOP 4 TECHNOLOGY TRENDS



### LIFE IN POST-COVID WORLD

#### VIRTUAL MEETINGS

Thanks to lockdown, applications like Zoom and Google Meet have seen a sudden spurt in users. From meetings with only 4-5 participants, to huge international seminars and conferences with thousands of participants, most of us have already moved online. This trend is likely to continue in the post-Covid world, as people maintain social distancing etiquette.

#### ONLINE EDUCATION

Dedicated education apps have witnessed a huge spurt in growth, as students are learning concepts on their mobile phones. A few colleges have also conducted tests online. It is expected that some of these trends will continue in the post-Covid period as well. Many

universities and school education boards have recommended that schools and colleges should attempt to complete some portion of the curriculum online, even after the situation becomes normal.

#### 5G

With the increasing demand for faster and higher bandwidth networks due to remote working, 5G, the next generation network designed with "Service Based" architecture, might get adopted faster.

#### SHARED SPECTRUM

Technology trends make it clear that in a post-Covid world, more content will be watched and consumed on mobile devices— be it in form of video conferencing for a meeting, an online class, or video for entertainment.

## CO2 emission declines in India, after many yrs

**ENVIRONMENT**  
 For the first time in 40 years, there has been a drastic reduction in CO2 emissions in India, thanks to the arrival of clean energy and economic slowdown, exacerbated by the lockdown. The data was compiled by the Centre for Research on Energy and Clean Air (CERA).

CO2 emission fell by 30 million tons in the fiscal year 2019-20, compared to the last financial year. The analysts used the latest consumption data of oil, gas and coal to reach this conclusion. The study said that the transportation and power sector majorly contribute to the carbon emissions in the country. The fall in the consumption of fossil fuels has led to a decline in CO2 emissions.  
 (More on [toistudent.com](http://toistudent.com))



### WORDWATCH

#### SCOPE CREEP

Scope creep refers to a project that has seen its original goals expand while it's in the making

#### VIRTUAL TOURS TO TAKE DURING LOCKDOWN

#### EL CAPITAN, YOSEMITE NATIONAL PARK, US

Yosemite's most impressive sight, El Capitan, is a towering granite rock-face. It is a favourite with daredevil climbers from around the world.  
**WHERE TO ACCESS:** Thanks to Google's treks, you can join pro climbers, Alex Hannold, Lynn Hill and Tommy Caldwell as they make their hair-raising, stomach-churning ascent to the top. Google also provides profiles on the prolific climbers and a few notes about gear and processes to help you appreciate the experience.



#### INDONESIA

This Asian nation popular with tourists, is a feast for the eyes. In this lockdown time, travellers can go for virtual tours, courtesy AirPano.  
**WHERE TO ACCESS:** Via AirPano, the tour of Mount Bromo, an active volcano in Java, puts things into perspective with its massive scale. For a change of pace, dive around the Raja Ampat archipelago, and swim with manta rays and jellyfish. AirPano's website also features numerous 360-degree images that feature Indonesia's major attractions.

#### NAMIB DESERT, NAMIBIA

Travelling to a desert can be physically taxing. The intense heat, the freezing nights or the constant pelting by sand-filled gusts of wind. None of these problems, however, can affect you when you are viewing it through your computer screen.  
**WHERE TO ACCESS:** A stunning collection of images can put you at the heart of the Namib desert, where you can gaze at the vast expanses of golden sand or the Big Daddy dune and Dune 45

## NEWS IN BRIEF

CLICK HERE FOR MORE

#### SPORTS



#### IPL CANCELLATION LIKELY TO COST INDIAN CRICKET HALF A BILLION DOLLARS

If reports are to go by, scrapping the money-spinning Indian Premier League (IPL) this year, because of the coronavirus pandemic would cost more than half a billion dollars. The world's richest Twenty20 tournament is starting at a first wipe-out in its 12-year history, after the original March 29 start date was postponed.

The IPL, which began in 2008, generates the bulk of BCCI revenue. Its brand value was estimated at \$6.7 billion last year by the Duff and Phelps financial consultancy

#### TERRESTRIAL LIFE UNLIKELY TO CONTAMINATE MARS: STUDY

Exploring Mars may not pose risk of contaminating the Martian ecosystems, as the climate on the Red Planet is not suitable for terrestrial life as we know it, says a new study. The findings can help allay some planetary protection concerns, even as humans plan to land on Mars.

Modelling the atmosphere of Mars, the researchers found that due to Mars' low temperatures and dry conditions, a droplet of liquid water on its surface would freeze, boil or evaporate, unless the droplet had dissolved salts in it

#### SPACE

#### CAN YOU SAVE THE WORLD? THE GAME IS ON..

Well, it's not a campaign initiated by any political leader. 'Can You Save the World' is an online game that aims at helping kids realise the importance of social distancing, during the pandemic. Co-developed by a UK-based professor of psychology, 'Can You Save the World', according to 'Daily Mail', is a vertically-scrolling video game, where players are tasked with walking through a virtual city while social distancing. Players are tasked with collecting and depositing personal protective equipment (PPE) for NHS workers while avoiding other people and saving lives.

The family-friendly educational game, which was released recently, helps players of all ages become better at social distancing in the real world

#### GAMING ZONE



#### MCDONALD'S HAS CREATED A 'VIRUS-PROOF' RESTAURANT IN EUROPE

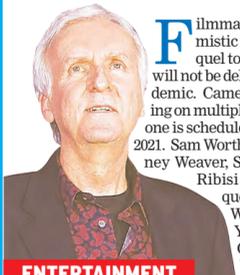
As McDonald's prepares to re-open dining rooms in the US, the company is trying to craft a "virus-proof" design. The company recently tested new features at a location in the Dutch city of Arnhem, including meal trays and designated waiting spots to separate customers. It has already changed nearly 50 processes, including wellness checks, installing protective barriers, social distancing floor decals, and providing thermometers to restaurants.



## ₹ 10 CRORE

**FACTOID** The amount Indian Railways earned by selling tickets to 54,000 passengers, within hours of bookings that resumed for passenger trains from May 12. The booking site run by the Indian Railway Catering and Tourism Corp. (IRCTC) delayed reopening by two hours to 6 pm and crashed due to the rush for tickets.

#### JAMES CAMERON HOPEFUL 'AVATAR 2' WILL RELEASE ON TIME



Filmmaker James Cameron is optimistic that his much-anticipated sequel to his 2009 blockbuster, 'Avatar' will not be delayed by the coronavirus pandemic. Cameron is simultaneously working on multiple sequels to the film. The first one is scheduled to release on December 17, 2021. Sam Worthington, Zoe Saldana, Sigourney Weaver, Stephen Lang and Giovanni Ribisi are all returning for the sequel. They will be joined by Kate Winslet, Cliff Curtis, Michelle Yeoh, Jemaine Clement, Oona Chaplin, David Thewlis and Vin Diesel.

#### ENTERTAINMENT

#### 'THE TWILIGHT ZONE 2' TO ARRIVE IN JUNE

The second season of 'The Twilight Zone', hosted and narrated by writer-filmmaker Jordan Peele, will air on June 25, CBS All Access has announced. The show, which is a reboot of the timeless anthology series created by Rod Serling, has Peele and Simon Kinberg as executive producers. The original 'Twilight-Zone' premiered in 1959.



The new chapter of the anthology will dig further into socially-conscious storytelling, with 10 introspective episodes

### FAMILY TIME WELLNESS MANTRA

# FIGHT NEGATIVE THOUGHTS WITH BASIL OIL

pallavi.shankar@timesgroup.com  
 Fear of an uncertain future can lead to stress. So, how about temporarily transforming your home into a spa? Relax and try some homemade therapies, along with your family...

#### Aromatherapy heals...

While trying to stay positive in difficult times, take the help of aromatherapy to feel better and confident. "Basil essential oil is ideal to fight the effects of negativity, burnout and intellectual fatigue. Regular use of this oil ensures better focus, clarity of thoughts and a bounce back

towards enthusiasm," says aromatherapist Blossom Kochhar. She gives tips on how to use this powerful oil to bring positivity in your life.

Take a bowl of water and put one drop of basil oil in it. Now, soak a towel in this water and use it to wipe off your body, especially the exposed parts like hands and feet before going to sleep. You will wake up fresh and energetic.

Alternatively, you can put one tenth of a drop of this oil behind your ear and feel the fragrance. It will calm down your nervousness and anxiety.



## Twitter India launches gratitude emoji

Micro-blogging platform Twitter India has launched a new gratitude emoji that can be triggered with '#thankful', '#gratitude' and other variations of the words. Since March 15, there have been over 250 million tweets worldwide expressing gratitude and thanks—a 26 per cent increase from February's average. "Who do we see people expressing that gratitude for? The most common word is 'everyone'. Everyone who is

On World Health Day, Twitter had carried a token of appreciation for healthcare workers by tweeting with 'clap'

an essential worker. Everyone who has helped. Everyone in healthcare. Everyone who has reached out. Everyone," the company tweeted.



THE GRANDPARENTS ISSUE

# Heard of grandpa dressing trend?

Every year, fashion comes full circle with what was bygone becoming on-trend - a reason why you can deep dive into your grandparents cupboard to fish out new 'old' style

Recently, Teen Vogue - the Bible of style for under 20s - talked about how fashion for the young was becoming older. What they were talking about is grandpa dressing where young kids are wearing looks inspired by their grandparents. It's called the "grandmillennial" - where young folks wear upcycled quilted jackets, pearl jewellery, chunky vintage sweaters, crocheted tops, old slippers, and

oversize suiting. It's nostalgia served with a young look.

HOW IT STARTED

The grown-up trend first started as an interior design movement in 2019 when 20-30-year-olds started leaning towards retro stuff - from bold prints and ruffles to embroidery. Research has proved that millennials and zillennials are more eco-conscious in the way they live. Vintage clothing is more eco-conscious and



There is an emotional connect angle to the grandmillennial dressing, where youngsters want to feel the link to the past

The GRANDparents issue is here! It's simple to navigate and easy on the eyes... share with your elders and have fun reading!

grandfather's closet and it was surprisingly 'on trend'.

WHY IT MAKES SENSE

While the dad style has been the anti-fashion trend, it was only a matter of time the clock went all the way back to your dad's era. Fashion is increasingly getting into a space of storytelling where everything you wear should have a story that can take you to another place - in this case, to your grandma's house.

also ties up with the growing "ugly fashion" movement. Men's style influencer Siddharth Batra recently did a video of wearing things from his

DAD STYLE VS GRANDPA STYLE

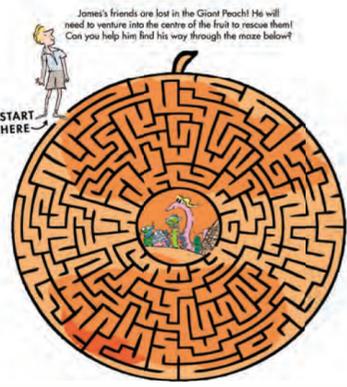
DAD STYLE	GRANDPA STYLE
Dad (chunky) sneakers, oversized jackets, checked shirts, puffer vests, wrap-around sunglasses, multi-pocket pants	Loafers/house slippers, tailored slacks, chunky cable sweaters, knitted vests, floral or nostalgia shirts, oversized spectacles or visor sunglasses

WHAT'S COOL

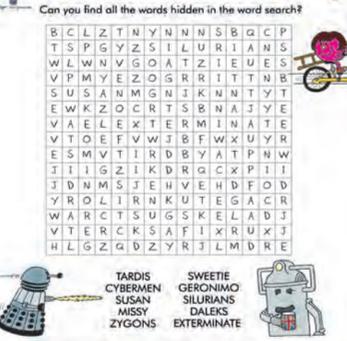
- Robes at home
- Blazers and jackets
- Patchwork
- Quilted
- Embroidered accents
- Mending your clothes
- Chunky
- sweaters
- Full-length socks
- Crochet
- Tailored pants
- Desi style like
- salwars over tights
- Dupattas
- Nehru jacket
- Leather-strap watches

TRY THEM

RESCUE THE INSECTS



SARAH JANE'S WORD SEARCH



EAT RIGHT

# EAT WHAT YOUR GRANNY ATE

supriya.sharma2@timesgroup.com

Under lockdown with your grandparents? Make use of this time to eat and cook healthy with granny. From heirloom recipes to nutritional advice, there's no food better than your grandma's. If we can think about grandma, or great-grandma, who made most food from scratch, it can help us get back to a healthier way of eating. Why go through the pain of fad diets if all you need to do is to keep it simple like people did back then. Here are some straight from granny's time:



Kokum

for heart), alleviates pain, is high in vitamin C, low in fat and calories.

**SOURSOP:** Also known as thorny custard apple in tropic India, soursop is touted to be a miracle cancer-killing super fruit.

**MORINGA:** Native to India, moringa has been used worldwide to combat malnutrition. There are 13 species



Moringa

of moringa, of which the drumstick tree is the most widely cultivated. It is naturally abundant in vitamins, minerals and amino acids.

**AMARANTH:** People value amaranth as leaf vegetable, cereal, and ornamental plant. It's a protein powerhouse that contains more than three times the average amount of calcium, and is also high in iron and magnesium and phosphorous.

THE GRAND BOOK CLUB

## Enjoy reading these with your grandparents

nitya.shukla@timesgroup.com

THE MATCHBOX DIARY

by Paul Fleischman and Bagram Ibatoulline

Pick this book if you and your grandparents enjoy travelling. The story is about what happens when a little girl visits her great-grandfather's home.



TOOTH AND NAIL, FUR AND SCALE

by Anupam Arunachalam

This book is perfect if your grandparents enjoy reading, especially mythological stories. It consists of short stories about fantastical creatures from Indian mythology.



CHARLIE AND THE CHOCOLATE FACTORY

by Roald Dahl

This book is great if you live in a joint household. Charlie and his parents, live with all four of his grandparents, who keep one another other in great spirits.

ANTI-AGEING

# Work on building mental muscles

Check these fun ways to keep each other's mind alive and kicking

Pallavi.shankar@timesgroup.com



Children have minds that are developing and their grandparents have minds that are losing its sharpness due to ageing. Both can benefit from each other's company. So focus on doing these activities with your seniors.

**EXPLORE NATURE:** Taking in the sights and sounds of nature is a

refreshing experience for the elderly who need to walk and get some fresh air to stay fit. Discuss names of trees and flowers around for an educational experience too. This exercise will exert pressure on their memory and make them remember flora names - which is a great activity.

**TECH EXCHANGE TIME:** Ex-

plain about the new gadgets and latest technology innovations to your grandparents. They need your help to become more digitally savvy - so look



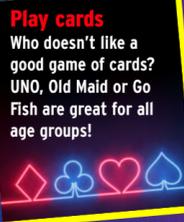
at interesting apps together.

**SUDOKU FOR SENIORS:** This is a brain game for every age group as it's a logic-related one that involves problem solving. Because it's a challenge, completing puzzles can give both you and your grandparents a sense of accomplishment.

**PLAY VIDEO GAMES TOGETHER:** Research suggests that 3D platform games are great for elderly people as they require fast thinking and spontaneous planning. **For more go to [www.toistudent.com](http://www.toistudent.com)**

FUN ACTIVITIES

...for you to do with your grandparents:



**Play cards**  
Who doesn't like a good game of cards? UNO, Old Maid or Go Fish are great for all age groups!



**Solve crosswords, puzzles or riddles**  
Puzzles are great because they challenge the mind and involve teamwork from both parties.



**Play a game on a smartphone or tablet**  
Show grandma or grandpa how to play your favourite game on their smartphone or tablet...



**Have a tea party**  
Put on a fancy hat and a little acting to escape reality and have lots of fun.

**Sing karaoke and dance!**  
Ask them their favourite 'growing up song' and throw it on for a great dance party.



**Draw a family tree, and discuss its branches**  
Most families are a lot bigger than we tend to perceive. Sit with your grandparents and go over your family history. It can be a fun exercise!